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# Ideal Home

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and Garden

Pops Of Pink For Decor

Best Buys For  A Quick Space Update

Sophisticated  
Designer's  
Table

## Trend JOURNEY

From contemporary to modern  
and simple to unusual

**Spectacular Loft Homes Around The World**

# A DAY TO REMEMBER

Architecture as a profession requires passion, time management, effective communication, strategising and handling a ton of responsibilities. Although it comes with its set of challenges, four renowned architects reveal that the devotion to the discipline makes each day rewarding

RESEARCH: BENYO SEBASTIAN



ANAND SHARMA

**6 am:** I wake up to my daily regimen of being one with God, offering prayers for my kin and the world, in particular.

**8-8:30 am:** I arrive at my home office to a cup or two of freshly brewed tea and get ready for office.

**10 am:** I outline the agenda for the day if it isn't already in place. This involves giving people reminder calls, scheduling and confirming meetings, besides responding to e-mails.

**11-11:30 am:** I typically devote the first half hour at the office to discuss ongoing projects with my teams, instructing my staff on deliverables for the day.

**12-2pm:** This first half is crucial for the synthesis of new ideas. This is my



personal time, where I brainstorm notions and get my creative ideas flowing.

**2 pm:** Lunch and a quick 10-15-minute power nap to help me rejuvenate and keeps me going.

**3 pm:** Back in action, as I try and wrap off everything that is on my plate in an hour. By the time I leave office, all priorities are generally taken care of.

**4 pm:** Accounting for all office-related work, I make time for meetings. These are generally scheduled outside of office after 4 pm.

**6-7 pm:** On the way back is my time to unwind, as I pore through the day's news. Music is of passing interest to me, and infrastructure

news is what truly fascinates me. Being of great relevance as a story in the ever-changing dynamics of the real estate situation in India, I'm not just a spectator, but also a humble participant to that unfolding story. So, I keep myself updated on the latest infrastructural developments. I browse a few apps, InShorts, Google News and Flipboard being my personal favourites.

**8 pm:** Arrive home, and with any amount of energy left, that is once or twice a week, I take a shot at the treadmill for a brisk 10 minutes. Alternatively, I allocate time to watching television, catching up with my family members over dinner.

**10 pm:** I retire to my bedroom, calling it a day.